

Athletic Training		<i>Course to Program Map</i>				
Program Outcomes: Upon completion of the program, graduates will be able to...	Essential Skills	demonstrate a basic understanding of the body system's reaction to the rigors of stress.	demonstrate the ability to think critically and provide a hypothesis of common athletic injuries and illness.	demonstrate the ability to perform the differing techniques of preventive taping, bracing, and wrapping.	demonstrate the ability to handle emergent and life-threatening situations.	demonstrate an understanding of the rigors and norms of the athletic training profession.
Courses						
HPER 106: Health Ed.	12345	M, A	I, R			
HPER 109: First Aid	12345	R	I, R	R	I, R, M, A	I, R
HPER 211: Prevention & Care	1345	I,R	I, R	I, R, M, A	I, M, A	I, R
HPER 212: Training Practicum	345	M, A	M, A	M,A	R, M, A	M, A
HPER 280: Intro to Kinesiology	123	R	R	R		

Mapping	
I	Introduced
R	Reinforced
M	Mastered
A	Assessed/Artifact

Essential Skills	
1	written communication
2	oral communication
3	critical thinking
4	cultural diversity
5	social responsibility

Program Outcomes	Curriculum Map				
	demonstrate a basic understanding of the body system's reaction to the rigors of stress.	demonstrate the ability to think critically and provide a hypothesis of common athletic injuries and illness.	demonstrate the ability to perform the differing techniques of preventive taping, bracing, and wrapping.	demonstrate the ability to handle emergent and life-threatening situations.	demonstrate an understanding of the rigors and norms of the athletic training profession.
Course SLO: Students will be able to					
gather, analyze and utilize information to make decisions that promote personal and community health and wellness.	M, A	I, R			
differentiate among dimensions of wellness as they apply to overall health.	I, R	I, R			
demonstrate the knowledge and skills for developing personal responsibility in health choices and quality of life.					
recognize the importance of demographic diversity as it applies to health and wellness issues.	I, R	I, R			

HPER 109: First Aid		Curriculum Map				
Program Outcomes	demonstrate a basic understanding of the body system's reaction to the rigors of stress.	demonstrate the ability to think critically and provide a hypothesis of common athletic injuries and illness.	demonstrate the ability to perform the differing techniques of preventive taping, bracing, and wrapping.	demonstrate the ability to handle emergent and life-threatening situations.	demonstrate an understanding of the rigors and norms of the athletic training profession.	
Course SLO: Students will be able to						
recognize an emergency, assess the scene and develop an appropriate plan of action.	R	I, R	I, R	I, R, M, A		
demonstrate the knowledge and skills necessary to provide emergency assistance in cases such as choking, rescue breathing, CPR and use of AED for adults, children, and infants.				I, R, M, A		
demonstrate and explain how to provide care for life-threatening emergencies including breathing, shock, head and spinal injuries, sudden illness, stroke, soft tissues and musculoskeletal injuries.				I, R, M, A		
identify and describe how to respond effectively to a variety of environmental, man-made and/or national security emergencies.		R			I, R	

HPER 211: Prevention & Care	Curriculum Map				
Program Outcomes	demonstrate a basic understanding of the body system's reaction to the rigors of stress.	demonstrate the ability to think critically and provide a hypothesis of common athletic injuries and illness.	demonstrate the ability to perform the differing techniques of preventive taping, bracing, and wrapping.	demonstrate the ability to handle emergent and life-threatening situations	demonstrate an understanding of the rigors and norms of the athletic training profession.
Course SLO: Students will be able to					
list the prerequisites needed to be eligible to take the NATA exam.					M, A
describe the cycle of injury.	I, R	M, A			M, A
provide definitions of key terminology.	I, R, M, A	I, R, M, A	I, R, M, A	I, R, M, A	I, R, M, A
identify the musculature and bones of the foot, ankle, lower leg, knee, thigh, hip, shoulder, elbow, arm, wrist, hand, abdomen, back, and neck.		R	R	R	
identify and name the major joints of the body.		R	R	R	
explain how conditioning, nutrition, equipment, stress, and extrinsic factors effect performance and the prevention of injuries.	R	R	R	R	R
demonstrate the use of the five step evaluation process.		I, R, M, A			I, R, M, A
evaluate common athletic injuries to the ankle, foot, knee, thigh, hip, shoulder, elbow, arm, wrist, hand, abdomen, back, and head.		I, R, M, A			I, R, M, A
describe the immediate treatment of common athletic injuries.		I, R, M, A		I, R, M, A	
demonstrate the proper preventive taping of a fallen arch sprained ankle, strained groin, separated shoulder, hyperextended elbow, and sprained thumb.			I, R, M, A		
explain the prevention and treatment of heat illness.	R	I, R			
explain the rehabilitation of common athletic injuries.			I, R, M, A		I, R, M, A
describe protocols using cryotherapy, including indications and contraindications.		I, R			I, R, M, A
describe the indications, contraindications and proper use of electrical modalities.		I, R			M, A
write a rehabilitation program using the eight phases of rehab.		I, R			M, A

HPER 212: Training Practicum	Curriculum Map				
Program Outcomes	demonstrate a basic understanding of the body system's reaction to the rigors of stress.	demonstrate the ability to think critically and provide a hypothesis of common athletic injuries and illness.	demonstrate the ability to perform the differing techniques of preventive taping, bracing, and wrapping.	demonstrate the ability to handle emergent and life-threatening situations.	demonstrate an understanding of the rigors and norms of the athletic training profession.
Course SLO: Students will be able to					
demonstrate evaluation techniques of various programs.	M, A	M, A	M, A	M, A	M, A
demonstrate working knowledge of modalities at GCCC.		M, A			M, A
run injured athletes through rehabilitation programs.	M, A	M, A	M, A		M, A
properly fit all brands of football helmets and shoulder pads and other required sports equipment			M, A		
demonstrate competency in emergency care.				M, A	
apply knowledge of Cryotherapy techniques.		M, A	M, A		
demonstrate the DAPRE rehabilitation program.		I, R			
fill out all athletic training records accurately and completely.					I, R
enter all data into the computer and interpret statistical data reports.					I, R
enforce and follow all training policies.					I, R
show initiative while working in the training room.					I, R, M, A
demonstrate a professional working relationship with athletes, coaches, and administrators.					I, R
assist in general cleaning and training room maintenance.					I, R, M, A
become competent in taping athletic injuries.			M, A		

HPER 280: Intro to Kinesiology	Curriculum Map				
Program Outcomes	demonstrate a basic understanding of the body system's reaction to the rigors of stress.	demonstrate the ability to think critically and provide a hypothesis of common athletic injuries and illness.	demonstrate the ability to perform the differing techniques of preventive taping, bracing, and wrapping.	demonstrate the ability to handle emergent and life-threatening situations.	demonstrate an understanding of the rigors and norms of the athletic training profession.
Course SLO: Students will be able to					
demonstrate an intermediate knowledge and understanding of the skeletal and muscular systems.	R	R	R		
demonstrate a intermediate knowledge and understanding of the functions of the musculoskeletal system in producing and controlling human movement.	R	R	R		
demonstrate an intermediate knowledge and understanding of basic biomechanical principles which govern human movement.	R	R	R		
demonstrate the ability to apply biomechanical principles to physical activity, exercise performance and sport skills.	R	R	R		
demonstrate the ability to analyze physical activity in terms of muscular-skeletal components and mechanical principles.	R	R	R		