



Did you know?

You have an Employee Assistance Program (EAP) offered by your employer, which gives you and your family member's free, confidential access to a full range of life services, including:

- 24 hour telephonic access to licensed mental health professionals
- In person counseling near work or home
- Free legal and financial consultations
- Childcare, elder care, and pet care resources and referrals
- Health and wellness consultants, coaching, and information
- Website featuring articles, assessments, webinars, financial calculators, searchable databases, savings center, and more

***** ALWAYS AVAILABLE *** ALWAYS CONFIDENTIAL *****

For whatever work or life issue is on your mind, or for anything related to daily living that you could use some extra help with, let us be your resource. It's free, it's confidential, and it's available to you, as well as your family members. Just call or log on to get started.

800-624-5544

www.ndbh.com

To get started:

1. Go to www.ndbh.com
2. Top left-hand corner click Log In
3. On the dropdown box click Employee Assistance Program
4. Log In

Log in



Individuals
& Families

Employers
& Organizations

Providers

Health Plan
Partners

If you are already enrolled in our services...

Employee Assistance Program



Company Code

GCCC

[Forgot your code?](#)

Log in